

SALADS

Cucumber and Red Onion Salad with Ginger, Mint and Lemon Grass Tossed in a Vinaigrette

Ingredients:

- 1 english cucumber, unpeeled, trim off ends and cut into half moon shapes
- 1 red onion, cut in half, then into strips
- ½ cup finely chopped fresh mint
- ½ cup freshly grated ginger
- 1 stick freshly grated lemon grass

Mix all above in a salad bowl and pour over dressing

Dressing:

- ½ cup olive oil
- 4 tablespoons lemon juice
- 2 tablespoons sugar
- Salt & pepper to taste

Mix together to form a dressing



*Cool and refreshing,
this salad satisfies.*

*Drink in the
goodness of crisp
cucumbers and
relish the fragrance
and freshness of
ginger, mint and
lemongrass.*



PAIR WITH:

CABERNET
PINOTAGE